

1(B.PED)

B.P.Ed./4th Sem/BCC-401/20

2020

**Test, Measurement and Evaluation in
Physical Education
Paper : BCC-401**

Full Marks : 70

Time : 3 Hours

The figures in the right-hand margin indicate marks.

Candidates are required to give their answers in their own words as far as practicable.

A. Multiple Choice Questions :

Choose the correct option of the following (any ten): $10 \times 2 = 20$

1. Which one of the following is not a criterion of a good test?
 - a) Reliability
 - b) Objectivity
 - c) Validity
 - d) Rating
2. Evaluation provides a meaningful status to measure only when it is compared to judge against:
 - a) to some established standards
 - b) day to day experience
 - c) human understanding
 - d) some relative theory

3. Norms of Physical fitness test battery are worked in consideration of:
 - a) Age
 - b) Weight
 - c) Height
 - d) Race
4. The JCR Test battery is known as _____.
 - a) Sports Fitness
 - b) Physical Fitness
 - c) Motor Fitness
 - d) Cardiovascular Fitness
5. The AAHPERD Youth Fitness test is applicable in which of the following age group?
 - a) 9-17 yrs
 - b) 7-15 yrs
 - c) 11-19 yrs
 - d) 10-14 yrs
6. Which of the following item is included in the Russel Lange Volleyball test?
 - a) Dig pass
 - b) Spiking Ability
 - c) Volleying Ability
 - d) Blocking Ability
7. Which of the following fitness component is said to be genetically developed?
 - a) Speed
 - b) Strength
 - c) Endurance
 - d) Agility

[Turn over]

1(B.PED)

[2]

8. Miller Wall Volley Test is used to measure the performance in —

- a) Baseball b) Basketball
- c) Badminton d) Volleyball

9. Which of the following item is not included in the Barrow Motor Ability Test?

- a) Standing Broad Jump
- b) Zig-zag run
- c) medicine ball throws
- d) Chin up

10. How many test items are there in Kraus-Weber test?

- a) 5 b) 6
- c) 7 d) 8.

11. What is the level of Mc Donald Soccer skill test?

- a) School b) Junior School
- c) College d) None of these

12. Test-Retest Method is used to establish —

- a) Validity b) Reliability
- c) Objectivity d) Norms

13. Which of the following is not a part of Health Related Physical Fitness?

- a) Muscle Strength b) Muscle Endurance
- c) Flexibility d) Speed

14. Which of the following is not included in the Harbans Singh Field Hockey Test?

- a) Dribble and Hitting
- b) Dribble and goal shooting
- c) Dribble and Flick
- d) None of these.

15. Queen's College Step Test is used to measure which one of the following?

- a) Maximal Cardio-respiratory Fitness
- b) Submaximal Cardio-respiratory Fitness
- c) Normal Cardio-respiratory Fitness
- d) None of these.

B. Short Answer Type Questions :

Answer any **eight (8)** of the following: $8 \times 2\frac{1}{2} = 20$

1. Write down the PEI of Harvard Step Test.
2. What is the definition of test?
3. What do you mean by the validity of the test?
4. What are the items of the IOWA postural test?
5. What do you mean by measurement?
6. Write down the procedure of Zig-Zag run in the Barrow motor ability.
7. What are the items of Johnson Basketball Ability test?
8. What is the procedure for scoring the Miller Wall Volley Test?
9. What are the differences between the Harvard Step Test, and the Queen's College Step Test?
10. What do you mean by Motor Ability?
11. What is Health-related Physical Fitness?
12. What do you mean by good posture?

C. Long Answer Type Questions :

Answer any **six (6)** of the following: $6 \times 5 = 30$

যে কোনো ছয়টি প্রশ্নের উত্তর দাও :

1. Write in detail the definition and components of physical fitness.
শারীরিক সক্ষমতার সংজ্ঞা ও উপাদানগুলি লেখ।
2. What are the components and test items of AAHPERD Youth Fitness Test?
AAHPERD Youth Fitness অভীক্ষার উপাদান ও বিষয়গুলি লেখ।
3. Write down the principles of evaluation.
মূল্যায়নের নীতিগুলি কি কি?
4. What are the criteria of a good test?
আদর্শ অভীক্ষার বৈশিষ্ট্যগুলি লেখ।
5. Describe the procedure of Harvard Step Test.
Harvard Step অভীক্ষার পদ্ধতিটি লেখ।
6. What is the procedure of measuring sitting posture of the IOWA posture test?
IOWA posture test-এর বসা ভঙ্গীমার অভীক্ষা পদ্ধতিটি লেখ।

7. Describe the procedure of the Lockhart McPerson Badminton test.

Lockhart McPerson Badminton অভীক্ষা পদ্ধতিটি বর্ণনা কর।

8. Describe the procedure of Mc Donald Soccer skill test.

Mc Donald Football অভীক্ষা পদ্ধতিটি বর্ণনা কর।

9. What are the criteria of evaluation?

মূল্যায়নের নির্দেশকগুলি কি কি?

10. Write down the steps in construction of Knowledge test.

জ্ঞানমূলক অভীক্ষা গঠনের স্তরগুলি লেখ।
